



**Aaladamarada
AngaLa**

**ಆಲದಮರದ
ಅಂಗಳ**

**GOLDEN JUBILEE BATCH 1974
24TH NOVEMBER 2024**





MYSORE MEDICAL COLLEGE AND RESEARCH INSTITUTE



BATCH - 1974
CLASS SOCIALS 1ST YR DECEMBER 1975



**Aaladamarada
AngaLa**

EDITORIAL TEAM



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Dr. Sandhya.T. Avadhany



Junior Architect Sharath.V



Prof. Dr. Ajai Chandran.C.K



Junior Architect Ramya.I.Hegde



Anantapadmam Builders Pvt. Ltd.
Architectural Design-Planning - Interior
Design-Built Environment



**Aaladamarada
AngaLa**

Invitation from the
Golden Jubilee MBBS Batch 1974

You are cordially invited to the inauguration of
Aaladamarada AngaLa (ಅಲದಮರದ ಅಂಗಳ), a novel social outreach
multipurpose auditorium. This initiative by the Golden Jubilee
Batch of 1974, is a token of gratitude to Mysore Medical College &
Research Institute on the occasion of its Centenary year.



Ganapathi Pooja

Venue - Vidya Ganapathi Temple premises
Time - 9:30 AM.



Aaladamarada AngaLa
ಅಲದಮರದ ಅಂಗಳ

Inauguration By
The Dean & Director of MMC&RI
Dr.Dakshayani K R

SUNDAY 24th NOVEMBER 2024 11:30 AM

Followed by Lunch at 12:30 pm

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DEAN'S MESSAGE

22nd November 2024

Dear Alumni, Faculty, and Students,

It is with great pride and joy that I extend my warmest congratulations to the Golden Jubilee Batch of 1974 on this momentous occasion. As we celebrate the centenary of MMC & RI, your milestone adds to the rich legacy of this esteemed institution, which has nurtured generations of compassionate and skilled medical professionals.

Your contribution, to the landmark “**Pond area**” which is part of the memory lane and spine of the campus life is being renewed and reimagined as a world class infrastructure. The Garuda, Aaladamarada AngaLa, is a remarkable gesture of gratitude and vision. This sustainable and inspiring structure collaborated with Anantapadmam Builders Pvt. Ltd. symbolizes your enduring bond with MMC & RI and will serve as a space for creativity, collaboration, and reflection for years to come. It is a shining example of how our alumni continue to shape the institution’s future while honoring its past.

We are deeply grateful for your commitment and generosity, which reinforce the values of excellence, service and community that define MMC & RI.

With heartfelt appreciation,

Dr. Dakshayani K.R.

Dean and Director, MMC & RI



MESSAGE



ಮೈಸೂರು ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ,
(ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಸ್ವಾಯತ್ತ ಸಂಸ್ಥೆ)

ಇರ್ವಿನ್‌ಲೆನ್, ಮೈಸೂರು-570001

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ಸಂಖ್ಯೆ:ಅಭಿವೈದಿ/ 32 /2024-25

E-mail : mimcrimysore@yahoo.com

ದಿನಾಂಕ:21.11.2024

ಇವರಿಗೆ,

1974 ನೇ ಸಾಲಿನ ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು,
ಮೈಸೂರು ವೈದ್ಯಕೀಯ ವಿದ್ಯಾಲಯ ಮತ್ತು
ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ
ಮೈಸೂರು.

ಮಾನ್ಯರೆ,

ವಿಷಯ : ಈ ವಿದ್ಯಾಲಯದ ಆವರಣದಲ್ಲಿ ಶತಮಾನೋತ್ಸವದ ನೆನಪಿನ ಕಾಣಿಕೆಯಾಗಿ
"ಅಲದಮರದ ಅಂಗಳ"ವನ್ನು ನಿರ್ಮಾಣ ಮಾಡಿರುವ ಬಗ್ಗೆ.

ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಈ ವಿದ್ಯಾಲಯದ ಆವರಣದಲ್ಲಿ 1974 ನೇ ಸಾಲಿನ ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳ ವತಿಯಿಂದ ಶತಮಾನೋತ್ಸವದ ನೆನಪಿನ ಕಾಣಿಕೆಯಾಗಿ "ಅಲದಮರದ ಅಂಗಳ"ವನ್ನು ನಿರ್ಮಾಣ ಮಾಡಿರುವುದು ತುಂಬಾ ಸಂತೋಷಕರ ವಿಷಯವಾಗಿದ್ದು, ಈ ಸಂಸ್ಥೆಯ ವಿದ್ಯಾರ್ಥಿಗಳ ಉಪಯೋಗಕ್ಕಾಗಿ ತಾವು ಕೊಡುಗೆಯಾಗಿ ನೀಡಿರುವುದು ಶ್ಲಾಘನೀಯವಾಗಿರುತ್ತದೆ.

ಆದ್ದರಿಂದ ಈ ಸಂಸ್ಥೆಯ ಬೋಧಕ ಹಾಗೂ ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿಗಳ ವತಿಯಿಂದ ಮತ್ತು ಮಾ ಅಸೋಸಿಯೇಷನ್, ವಿದ್ಯಾರ್ಥಿ ಕ್ಷೇಮಾಭಿವೃದ್ಧಿ ಸಂಘಗಳ ವತಿಯಿಂದ ಅಭಿನಂದನೆಗಳನ್ನು ಈ ಮೂಲಕ ಸಲ್ಲಿಸುತ್ತಿದ್ದೇವೆ.

ವಂದನೆಗಳೊಂದಿಗೆ,

ತಮ್ಮ ವಿಶ್ವಾಸಿ,

Dakshayani

ನಿರ್ದೇಶಕರು ಮತ್ತು ಡೀನ್
ಮೈಸೂರು ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಮತ್ತು
ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ ಮೈಸೂರು



FORMER DEAN'S MESSAGE

It gives me immense pleasure to share my feelings on this memory book on the inauguration of Aladamarada AngaLa. This is more so important because I have served this august institution of Mysore medical college in various capacities in the last fifty years. In fact, I am the one and the only person who studied in this institution as an undergraduate, post graduate diploma in Pediatrics, post graduate degree in Pediatrics, joined as Lecturer in Pediatrics getting promoted to assistant Professor, Associate professor, Professor of Pediatrics, held the position of Head of the Department, Served as Medical Superintendent of Cheluvamba Hospital finally occupying the post of Director and Dean till my superannuation. It was my bounden duty to execute the job of paying back our alma mater which has given me everything to me when I was entrusted the job of executing the project which is so near to our hearts, along with my batchmates stationed at Mysore.

When Dr Dakshayani, incumbent Director and Dean sent out a message to us asking for help in the process of celebrating the centenary year of our beloved college little did we know that we will be providing Aaladamara AngaLa for the benefit of students of this college. What started as a simple project was shelved and redrafted many times racing against the deadline of valedictory celebrations.



FORMER DEAN'S MESSAGE

In the process our esteemed batch mates contributed generously to generate a respectable sum of money to fund the project. Dr Ajai Chandran who is another name for patience and treasure of architectural knowledge helped us create this project by drafting and redrafting the plan several times. This work was completed in record time of less than 2 months thanks to Mr Harish, Civil contractor who did a neat job. On the day of Inauguration when I saw the AngaLa at the entrance I felt as though a miracle had happened. It is simply a feast to the eyes. It gave me a sense of great relief. It was worth undertaking the responsibility of supervising the job. I take this opportunity to thank every one of our esteemed batch mates who contributed to this project in the form of suggestions, financial and moral support. My sincere thanks to Mr Harish for his dedicated work, Mr Shivaprasad, engineer and contractor for his valuable suggestions. Not to forget the Dean who obliged us despite our tantrums and the office bearers of MAA who helped us with suggestions in executing the project.

Always at the service of our alma mater MMC& RI Mysore,
Remaining yours sincerely,
Dr.Krishnamurthy Balasundaram
(Former Dean -Feb 2014-Aug 2017)



MESSAGE



ಕರ್ನಾಟಕ ವಿಶ್ವಾಂಕ ಕುಲಕರ್ತೃಗಳ ವೇದಿಕೆ (ನೋಂ)
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Dr. Suresh S Honnappagol
Dr. E. T. Puttaiah

Bangalore
Date: 22.11.2024

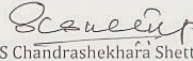
Dear Dr. Sandya Avadhany

Greetings and good wishes

Thank you very much for inviting me to participate at the inauguration of "ALADAMARADA ANGALA", a novel social outreach project at Mysore Medical College and Research institution on the Occasion of Centenary Celebrations by the "GOLDEN JUBILEE M.B.B.S. BATCH-1974". I vividly remember my strong association with the 1974 batch as young Assistant Professor of Ophthalmology. I am ever indebted to few members of 1974 batch for their regards and respects shown towards me in the last forty five years.

I congratulate and compliment all the members of 1974 batch for their accomplishments in professional and personal lives and wish them all good health and happiness.

Wishing the function all success.


Prof. Dr. S Chandrashekhara Shetty, 22.11.2024
President, FVCK, Bangalore



ALUMNI'S MESSAGE

Dear Friends,

As we celebrate the Golden Jubilee of the Batch of 1974, our hearts are filled with immense pride and gratitude. Fifty years ago, we began our journey at MMC & RI, stepping into a world of knowledge, compassion and service. Those formative years not only shaped our careers but also laid the foundation for lifelong friendships and unforgettable memories.

MMC & RI has been our alma mater, nurturing us to become the individuals we are today. The lessons we learned, both inside and outside the classroom, have guided us through life's challenges and triumphs. This institution instilled in us a sense of purpose, resilience, and a commitment to making a difference in the lives of others.

To honor this legacy, we are thrilled to present Aaladamarada AngaLa, a special project dedicated to our alma mater. Designed as a pergola with an open-air theatre, this space reflects our gratitude and serves as a token of appreciation for the generations to come. With its sustainable design, incorporating eco-friendly steel and green building elements, this structure symbolizes growth, resilience and a commitment to a better future.

We hope Aaladamarada AngaLa will be a source of inspiration, collaboration, and joy for students, just as MMC & RI has been for us. May it stand as a testament to the enduring bond we share with this institution and as a beacon for the values it represents.

With heartfelt thanks and best wishes,
Golden Jubilee Batch of 1974



DESK OF CO-ORDINATOR

In January 2024, an invitation was extended by the MMC&RI for the inaugural function of its Centenary Celebration, which was held on January 20th and 21st at the Platinum Jubilee Hall, JK Grounds in Mysuru. Around 20 doctors from Golden Jubilee batch of '74 attended the event, marking a significant occasion for the institution. During the meet, some of us had the opportunity to meet with Dr. Dakshayani, Dean and Director, MMC&RI as well as Dr. Chandrashekhar, Assistant Professor of Surgery who is also the faculty in charge of student welfare activities.

As a batch, we felt a strong desire to give back to our Alma mater during this milestone year—the Centenary Year—especially as the Golden Jubilee batch. We shared this sentiment with Dr. Dakshayani, and expressed our interest in contributing in some way to commemorate the institution's rich legacy. Dr. Dakshayani was supportive of our idea and promised to come back with suggestions on how we could make a meaningful contribution.

The journey of giving back began from that point. The proposal was then shared with our batch through the WhatsApp group, where everyone began to brainstorm ideas on how we could collectively contribute to MMC&RI in honor of its Centenary Celebration.



OUR OBJECTIVE:

Our goal was to give back to our Alma mater in a way that would benefit:

- 1.The student community – including medical, paramedical and nursing students
- 2.The faculty of the institution
- 3.The patients served by the institution

To ensure active participation, we held weekly Zoom discussions, allowing even our classmates abroad to join in. We communicated our objectives to the Dean, who was supportive and offered several potential locations around the campus, particularly near the Academic Block. This process began in February.

As we explored the suggested areas, we encountered numerous challenges. There were technical, feasibility, and accessibility concerns that made many of the locations unsuitable. After careful consideration, both the institution and our batch rejected several options.

By June, the area in front of the Academic Block – an old, dilapidated pond – was offered to us as a potential project site. The idea was to transform it into a multipurpose utility area. After several rounds of discussion, weighing financial aspects, maintenance requirements, and safety concerns, we collectively chose to accept the project.



DESK OF CO-ORDINATOR

HOW WE GOT STARTED:

1.CONCEPTUALIZATION OF THE PROJECT:

The idea of using the Banyan tree as a concept was introduced to the group for discussion. The Banyan tree symbolizes strength, wisdom, and resilience – qualities we hoped to convey through this project. We envisioned creating a structure that embodied these ideals, with features like seating areas, shelter, and a garden-like atmosphere surrounded by trees, providing both functionality and a sense of tranquility.

2.FUNDRAISING:

Based on rough estimates, we anticipated that the project will require around Rs.20 lakhs to complete. An appeal was drafted and sent out to the batch members. In order to ensure inclusivity and participation we tried to reach out to those whom we knew but could not contact. Reaching out to many required us to track down contact numbers, reconnecting with individuals after many years, and introducing ourselves again – a process that was both heartwarming and nostalgic. It was a unique experience, reconnecting with old friends, learning about their achievements, challenges and life journeys, and eventually bringing up the topic of contributing to the project.



DESK OF CO-ORDINATOR

The responses we received were varied and often amusing, which could be categorized as follows:

- **Category 1:** Those who willingly agreed to contribute and even offered to contribute more if necessary. This was the most encouraging response, and it fuelled the fundraising efforts.
 - **Category 2:** Individuals who agreed but required multiple reminders before finalizing their contribution.
 - **Category 3:** Those who initially agreed but later backed out for personal reasons.
 - **Category 4:** People who agreed initially but avoided further communication, not responding to calls or messages.
 - **Category 5:** Those who initially pledged to contribute more but backed out when approached for a second time.
 - **Category 6:** Individuals who, when approached, became argumentative or defensive about the project or their contribution.
 - **Category 7:** Those who expressed doubts about the project's completion and therefore hesitated to contribute.
 - **Category 8:** Those who initially refused but later volunteered
- It was interesting to observe and analyze these different reactions – some amusing, others enlightening – as they reflected various perspectives and personal situations. Once we reached a sufficient target amount, we began the search for an architect to help bring our vision to life.



3. SEARCH FOR AN ARCHITECT:

Finding the right architect took nearly two weeks. Fortunately, through a serendipitous connection, we were able to get in touch with Prof. Dr. Ajai Chandran from Christ University. He was quick to agree to our project proposal, despite our limited budget and high ambitions. He started the work immediately and within a week presented us with 2-3 design options. These designs were shared during our weekly Zoom meetings, where we had detailed discussions. Over 2-3 sessions, we provided inputs, clarifications, and made modifications, resulting in a mix of agreements and disagreements among the group. However, consensus was necessary before moving forward.

Once we finalized the design, we presented it to the Dean, but unfortunately, it was rejected outright due to factors beyond her control. This setback led some in the group to suggest abandoning the project and returning the funds, including myself. However, some were determined to not give up. The matter remained unresolved for over two weeks, with no one taking any further action.

After few weeks, a meeting happened with the Dean to discuss the project. Dean had few requirements regarding the design and structure. On reaching a middle ground we accepted the Dean's suggestions. Our architect then had to re-work on the plan to meet these new specifications.



This process also pushed our budget beyond its initial limits, requiring another round of fundraising. During this phase, we once again encountered the same varied responses mentioned earlier. Nevertheless, after much struggle and consensus-building within the batch, and with final approval from the Dean, we moved forward.

This phase of the journey took an additional three months, stretching into the end of August, before we could finally proceed with the project.

4. GETTING STARTED:

The date for the Valedictory function of the Centenary Celebrations was scheduled for September, but we realized there was no way the architect could promise to complete the project before the event. While we had hoped to unveil the structure during the celebrations, we understood that rushing the process would compromise its quality. We decided to extend the timeline to ensure that the final result would reflect the effort and dedication put into the project. The Bhoomi Pooja for the project was conducted by us on 15th September 2024, after which construction commenced immediately.



DESK OF CO-ORDINATOR

COINING THE NAME:

While the construction work was underway, we focused on finalizing the name for the space, drawing inspiration from the symbolic concept of the Banyan tree. After much discussion, we decided to name the area 'Aaladamara,' incorporating a Banyan tree logo to embody the core idea. Given that the space had a central pond surrounded by trees and buildings, we chose to call it Aaladamarada AngaLa.

In the center, we envisioned and decided to erect a stainless steel structure to symbolize the Aaladamara. Additionally, a stone monument was created, inscribed with the significance of Aaladamara, carrying a message that embodies the spirit of the place. The design for the name board and the central stainless steel sculpture was also conceptualized by Dr. Ajai Chandran.

We are pleased to announce that the project is now complete, and the inauguration will take place on Sunday, November 24th, 2024, with Dr. Dakshayani, Dean and Director of MMC&RI, presiding over the event.



DESK OF CO-ORDINATOR

"As the Golden Jubilee Batch of 1974, we express our sincere gratitude to everyone who supported this endeavour. From their invaluable feedback to their steadfast encouragement, this achievement would not have been possible without them. A special thanks to Dr. Dakshayani, Dean and Director, for providing us with a wonderful space for the project and for placing trust in us. We are also profoundly grateful to Prof.Dr.Ajai Chandran.C. K, School of Architecture Christ University, who took on the project with unwavering dedication, overcoming numerous challenges and successfully completing it on time.

We hope that past, present, and future students and faculty of the institution not only enjoy this new space but also take time to reflect upon and carry forward the rich legacy of MMC&RI."

With heartfelt thanks and best wishes,
Dr. Sandhya.T. Avadhany



INTRODUCTION

The **Aaladamarada AngaLa** multipurpose auditorium with 200+seating capacity, initiated by the Golden Jubilee Batch of 1974, is a tribute to MMC & RI's centenary. Featuring a stainless steel banyan tree sculpture, it blends tradition with modern sustainability, offering an open-air space for reflection, learning and community. This initiative celebrates the legacy of over 25000 accomplished doctors from MMC & RI, who proudly serve as ambassadors of healthcare and wellness across the medical field, embodying the institution's values of excellence and service.

VISION

To create a sustainable and inspiring space that reflects the enduring legacy of MMC & RI, fostering growth, collaboration and well-being for future generations of students, faculty and the community. The project envisions blending tradition with innovation, symbolized by the banyan tree centerpiece, to inspire knowledge, resilience.

MISSION

The Aaladamarada AngaLa project is dedicated to:

- Providing a serene, open-air space for academic, cultural and social engagement.
- Emphasizing sustainability through eco-friendly design and materials like stainless steel.
- Honoring the Golden Jubilee Batch of 1974's commitment to giving back to their alma mater.
- Creating a lasting symbol of gratitude and inspiration for the centenary celebrations of MMC & RI.
- By aligning tradition with modernity, the infrastructure aims to support the holistic development of students while leaving a meaningful legacy for future generations.



HISTORICAL CONTEXT

CELEBRATING A CENTURY OF EXCELLENCE

MMC & RI, a prestigious institution founded in 1924, marks its 100th year. Renowned for its dedication to medical education, research and healthcare, MMC & RI has nurtured generations of skilled and compassionate 25000+ medical professionals.

A CENTURY OF MEDICAL EXCELLENCE

Established in 1924, MMC & RI is a pioneering institution in India. It has played a pivotal role in shaping the nation's medical landscape, producing generations of skilled doctors. For a century, it has balanced tradition with modern advancements in healthcare.

A LEGACY OF SERVICE

MMC & RI's Doctors have made significant contributions to India's healthcare system. They have served in both urban and rural areas, embodying the institution's values of service and compassion. The college has played a crucial role during national health crises.

A CENTURY OF INNOVATION

MMC & RI has been at the forefront of medical innovation. From groundbreaking technologies to interdisciplinary research, the institution continues to advance healthcare. Its alumni, now global leaders, carry forward its legacy of excellence.

COMMEMORATING THE CENTENARY YEAR

As MMC & RI celebrates its 100th year, we honor its legacy of innovation and service. The institution's commitment to medical education and research has shaped countless lives.

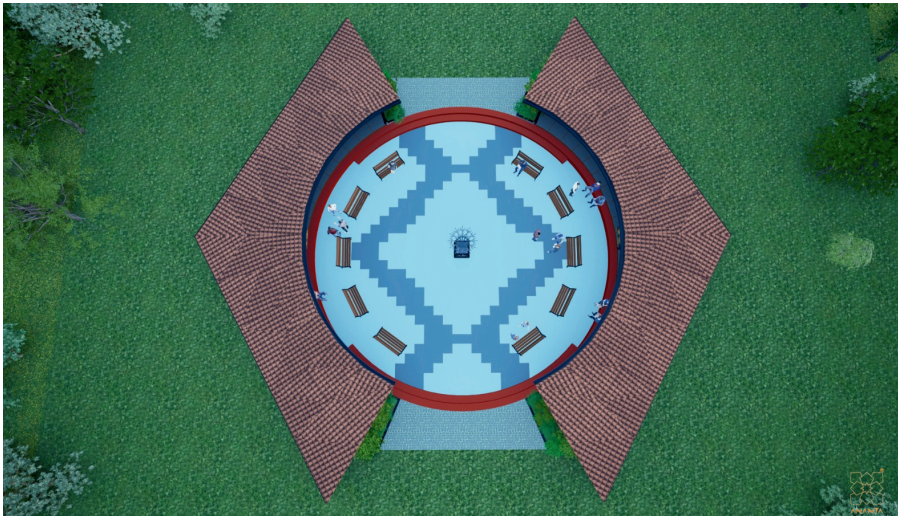


THE CONCEPT

GARUDA - SYMBOL OF FREEDOM AND EMPOWERMENT:

- **Soaring High:** The eagle, soaring high above the earth, symbolizes the freedom to rise above limitations and reach new heights.
- **Sharp Vision:** The eagle's keen eyesight represents the ability to see opportunities and challenges from a broader perspective.
- **Strength and Empowerment:** The eagle's powerful wings and talons signify the strength and power that comes with freedom.
- **Independence:** The eagle lives a solitary life, symbolizing independence and self-reliance.

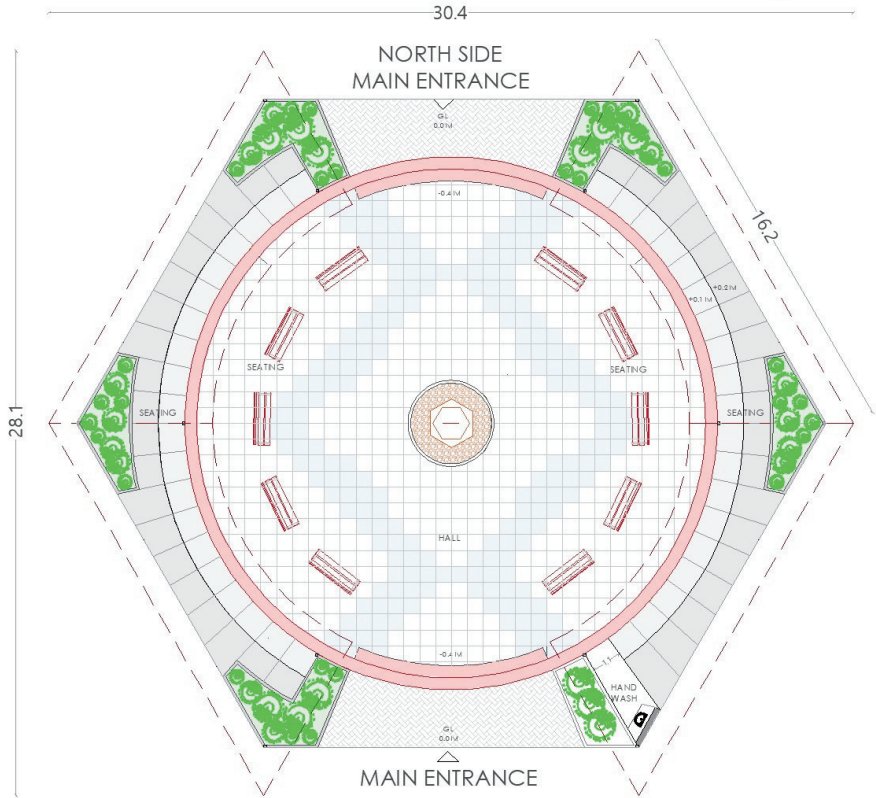
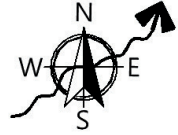
Garuda perfectly captures the essence of freedom and its empowering nature. Just like the eagle, free individuals can soar to new heights, overcome challenges and achieve greatness. The text "Freedom is a Power" reinforces this message, emphasizing the transformative power of freedom.



TOP VIEW



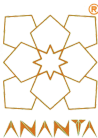
SITE PLAN



PLAN



FRONT VIEW



ILLUSTRATIONS



ENTRANCE



RIGHT VIEW



ILLUSTRATIONS



LEFT VIEW



BACK VIEW



SCULPTURE

CONCEPT FOR AALADAMARA SCULPTURE

At the core of Aaladamarada AngaLa stands a stunning stainless steel banyan tree sculpture (GOI Patent No-438140-001), symbolizing wisdom, strength and interconnectedness. The banyan tree, revered in Indian culture, represents shelter, growth and the nurturing of generations—values that resonate deeply with MMC & RI's legacy.

Crafted from stainless steel, the sculpture combines tradition with modernity, reflecting sustainability and longevity. The polished surface captures light, symbolizing clarity, enlightenment and the enduring impact of knowledge. Its roots and branches spread out in a harmonious design, illustrating the support and togetherness shared by the institution's alumni and students.

This centerpiece is not just a work of art but alumni's favorite space in campus. It is a space for reflection and community, fostering collaboration and inspiration beneath its symbolic canopy. It stands as a tribute to the institution's century-long legacy and the Batch of 1974's commitment to sustainability, progress and the values of their alma mater.



BHOOMI POOJA



STONE MONUMENT



Aaladamarada AngaLa
ಆಲದಮರದ ಅಂಗಳ

MMC & RI Centenary year
24 November 2024

Aaladamara Signifies

The National Tree

The Story of Life

Power of Resilience

Tree of Immortality

Medicinal Plant

Trimurthy Prateeka

Kalpa Vriksha

Vata Vriksha

The Aaladamara invites reflection.
Pause, ponder and envision your journey.
Reflecting on knowledge and chosen path.
Retreat within.



SIGNIFICANCE

CULTURAL IMPORTANCE

- The Banyan Tree (ಆಲದಮರ) is India's National Tree and has been revered for centuries as a symbol of shelter, stability and growth.

Symbolism in Hindu Mythology

- The tree is considered sacred and a manifestation of the Trimurthy:
Lord Vishnu resides in the bark.
Lord Brahma is symbolized in the roots.
Lord Shiva is present in the branches.
- Known as the Kalpa Vriksha (Wish-Fulfilling Tree), it is believed to grant desires and bring prosperity
- Associated with Goddess Savitri as Vata Vriksha, the tree symbolizes life and immortality, aligning with the project's long-lasting impact on future generations.

RELEVANCE TO AALADAMARADA ANGALA

Aaladamarada AngaLa (ಆಲದಮರದ ಅಂಗಳ) draws inspiration from the Banyan Tree, serving as a space of learning, reflection and growth for students.

It embodies the values of knowledge, support and longevity that the Golden Jubilee Batch aims to pass on to future generations.

"THE BANYAN TREE STANDS TALL, CONNECTING THE PAST, PRESENT, AND FUTURE—JUST LIKE OUR ALUMNI."



INAUGURATION CEREMONY ON 24-11-2024



MULTIPURPOSE AUDITORIUM



PERSPECTIVE VIEW



INAUGURATION CEREMONY ON 24-11-2024



ON THE DAIS



ATTENDEES



INAUGURATION CEREMONY ON 24-11-2024



TOP VIEW



STONE MONUMENT



INAUGURATION CEREMONY ON 24-11-2024



LEFT VIEW



SCULPTURE TOP VIEW



"ECHOES OF OUR JOURNEY"

...Would wait for the library to open, rush inside and reserve a table by keeping a book, only to come back late in the evening?

...Would go to the old used-books shop in Lansdowne building and get text books on the cheap?

...Were in the hostel mess we would all scream at 'Maadeva' to get the chapati or dosa to our table?

...Formed a posse to prevent ragging by our seniors and later protect our juniors?

...All sat in front of the cadaver for 3 days just to get used to the body and formalin smell?

...Could not get the Simple Muscle Twitch and the attendant came and just flicked the string to get a perfect one?

...Got a spicy Fanta drink or Sugar cane juice just outside the hostel?

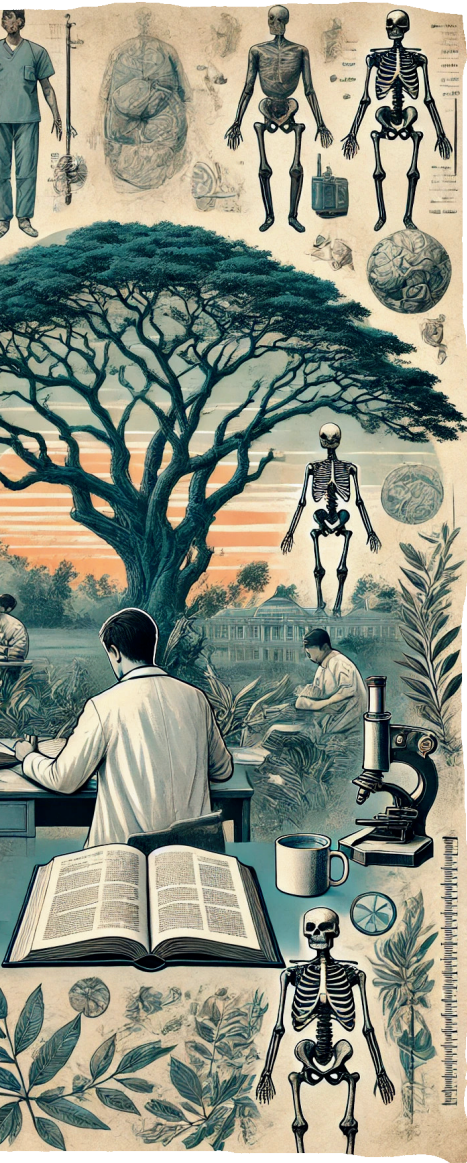
...Made sure we had a log of 10 deliveries when we may have seen only 2 or 3?

...Made all those trips to Kool Parlour for strong tea/coffee pretending that we were working hard?



“THE BATCH OF 74”

- A POEM BY DR. KADABA N RAJKUMAR



A hundred young souls, from shadows reborn.
Seventeen years with bright visions in tow,
They gathered as one, with dreams set aglow.

From diverse lands, with stories to share,
To join in the noble, the healer's great care.
With aspirations high, to don a white coat,
Each heart raced in rhythm, each spirit afloat.

The first class a jest, a senior's sly game,
A prank that would spark their journey to fame.
In Anatomy's realm, where wonders unfold,
Dissection revealed what the body could hold.

With Formalin's grip, and Madam Kantha's gaze,
They stood wide-eyed in this curious maze.
Golden boys and girls at the fifty-year crest,
An exhibition of marvels, they gave it their best.

The "talking skeleton" drew crowds in delight,
With moving jaws casting a spine-tingling fright.
A money spinner's charm, with laughter and awe,
As memories carved, in the hearts of them all.

The canteen bustled, a refuge from toil,
Where half-servings shared, like treasures from soil.
"By two coffee," they'd cheer, SKC their refrain,
Sipping sweet camaraderie, easing the strain.

Year three brought forth talents unmasked,
With songs and debates, no longer outclassed.
Yours truly, once muted, found voice's embrace,
Winning medals at last, leaving shyness no trace.

Cricket and quizzing, each moment a thrill,
In learning and laughter, their spirits would fill.
The course's completion in seventy-nine's light,
Crowning efforts of a batch, shining so bright.

Internship days brought them closer in care,
With patients to heal, through challenges rare.
Under world-class mentors, they honed their skill,
In operating rooms, their hearts raced with will.

Off to wild sanctuaries, hiking the hills,
In nature's embrace, they found solace and thrills.
By eighty-one, as paths scattered wide,
A golden era ended, yet pride could not hide.

Now doctors they'd be, with futures in sight,
The bond of the batch, forever alight.
In echoes of laughter, in memories spun,
The Batch of '74—together as one.



PHOTOGRAPHS FINAL

YEAR CLASS SOCIALS



PHOTOGRAPHS OF NAGARAHOLE TRIP



PHOTOGRAPHS



After 30 yrs gap the Batch met for the first time in 2009



Celebrated teacher's day on 11 September 2016 at MMC Platinum Jubilee hall , Mysore.



2016 The batch met at St John's medical College, Bangalore



PHOTOGRAPHS



Get-together at Kannur - March 2017



Meeting with the Dean to discuss the project proposal July-2024



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GRATITUDE

As the Golden Jubilee Batch of 1974, we stand united in gratitude and pride, reflecting on the remarkable journey that began five decades ago. Our time at MMC & RI shaped not only our careers but also the values that guide us to this day.

This milestone is not just a celebration of the past but a beacon for the future, inspiring continued growth, service and unity. May our contributions, such as Aaladarada AngaLa, serve as lasting symbols of our bond with our alma mater.

With heartfelt thanks,
THE GOLDEN JUBILEE BATCH OF 1974

SERVICE TO MANKIND IS SERVICE TO GOD

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**Aaladarada
AngaLa**

